

Say "Goodbye" to Fad Diets forever

MetaboWize™

**A simple system to help you
get the body you've always wanted**

This cutting-edge program is an exclusive formulation of only the highest quality nutrients & ingredients in synergistic ratios.

The revolutionary MetaboWize system works with your body's natural biochemistry to help you:

- ✓ Burn fat
- ✓ Lose inches/centimetres
- ✓ Stimulate your metabolism
- ✓ Control cravings
- ✓ Reduce appetite
- ✓ Create more energy...

24 hours a day

Also the perfect protein source for body builders, sportspeople and elite athletes.

This information is member's only training

International presentation. Information and product range may vary in different countries. Outside the US these products are only available to members for personal use and not for resale.



MetaboWize – the solution

Fad diets & quick fix solutions are not working - as a society we are getting fatter.

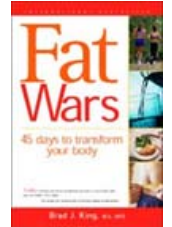
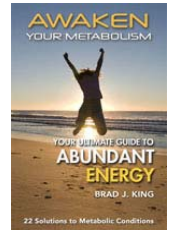
Everywhere we turn today, the newspapers, magazines, television and health practitioners are all telling us that we are in a health crisis and facing an obesity epidemic.



Brad King, M.S (Nut. Sci), MFS (Fit. Sci.) - Nutritional researcher, performance nutritionist, fitness expert and author of 10 International books, including best seller, Fat Wars.

Brad sits on the scientific advisory board for the Fat Loss Research Institute and the Certified Sports Nutrition Advisor from the Canadian Health Food Association and is a 2003 inductee into the Canadian Sports Nutrition Hall of Fame.

Brad has spent the last decade researching and developing leading-edge dietary supplements and exercise protocols designed to improve health, slow biological aging, boost athletic performance and aid in fat loss.



Brad King. *"In my 10 years of working in fat loss research, I have never experienced the type of results we are achieving with the Metabowise Complete System."*

Results in first 30 days

Zack lost 12lbs & 11 in.
 Michelle lost 13lbs & 16 ¼ in.
 Bill lost 15lbs & 17 in.
 Eva lost 15lbs & 17 ¾ in.
 Gina lost 15lbs & 17 ½ in.
 Ed lost 16lbs
 Donna lost 11lbs & 17 ½ in.
 Denis lost 6lbs & 13 in.
 Maria lost 12lbs & 26 in.
 Tommy lost 13lbs & 19 in.
 Doug lost 15lbs and 19 ¼ in.

The results from our test group have been outstanding:

Linda lost 40in. of body fat & 25lbs after 90 days.
Bill lost 50in. of body fat and 35lbs after 90 days.
 He went from a 44in. to a 33in. waist.
Gwen lost 90in. of body fat & 70lbs in 6 months!
Tim lost 58lbs in 68 days.

Disclaimer: Metabowize is a system designed to assist fat loss when used in conjunction with a well balanced diet and a suitable exercise program. Please consult a health care professional if you are experiencing any health condition, undergoing any treatment or taking any medication. This presentation is independently produced by Xooma Partners. May 23rd 2007

Clark Bartram & the MetaboWize Program

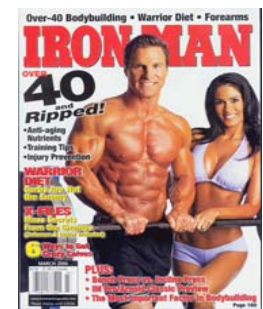


Clark Bartram has earned his reputation as "America's Most Trusted Fitness Personality". In everything he does, Clark puts forth 100% in the hopes that he can benefit men and women who care enough about themselves and the people they love to do what it takes to "Live the Lifestyle."

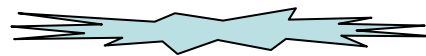
As a professional fitness model, Clark has appeared on hundreds of covers including Muscle & Fitness and Natural Bodybuilding.

As a personal trainer, Clark has helped hundreds of men and women transform their bodies and their lives. Clark has inspired millions of television viewers as the co-host of Kiana's Flex Appeal on ESPN and currently shares his wealth of knowledge on exercise and nutrition as the host of American Health & Fitness, broadcast internationally.

Clark regularly contributes articles to national fitness magazines like Ironman and Muscle Media and is also the author of the how-to guide, *"You Too Can Be A Fitness Model"*. Clark has recently completed a new book called *"Spiritually Fit"*.

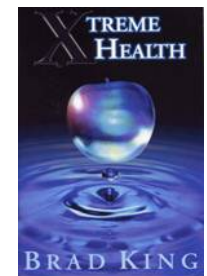


Clark is responsible for heading up the support programs for the MetaboWize system.



Clark Bartram & Brad King provide 2 sensational live conference calls each week. These calls are to educate and assist our members to achieve their desired results.

Brad King has appeared as a leading health and fitness expert on national television programs in both Canada and the U.S., including The Today Show, Canada AM, Balance TV, Cityline and Body and Health and has also been featured on hundreds of Canadian and U.S. radio talk shows. He is also responsible for compiling the Health Mentors anthology, Walking with the Wise for Health and Vitality, with such notables as Deepak Chopra and Dr. Phil. Brad also writes the monthly Metabolism Matters column for Canada's #1 health magazine, Alive. He is a consultant to award-winning nutritional companies in Canada and the US and has formulated numerous gold medal winning nutritional formulas.



MetaboWize AM Formula

What is it and what does it do?

The MetaboWize AM Formula is a proprietary morning and/or mid afternoon metabolic, thyroid and mood support formula designed to:

- Help stimulate metabolism throughout the morning and early afternoon by enhancing production of the brain chemical, *norepinephrine* – the natural “feel good/fat loss” chemical
- Help control the satiety response in order to curb appetite and cravings
- Help support optimal thyroid function in order to ensure a healthy metabolism and mood
- Help stimulate effective *methylation* - the biochemical process imperative to good health, fat loss and healthy brain chemistry
- Help repair, renew and reactivate muscle cells to optimise metabolic function



The body is then encouraged to burn more body fat and create more energy.

How do you use it?

The MetaboWize AM Formula is best taken as 1 capsule first thing in the morning on an empty stomach (with a full glass of X₂O water) – preferably before exercise – and again in the early afternoon if needed.

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MetaboWize PM Formula

What is it and what does it do?

The MetaboWize PM Formula is a proprietary evening stress reducing, sleep support formula designed to:

- Help maintain an optimal sleeping metabolic rate (SMR) – the ability to effectively burn calories during the sleep phase
- Help reduce excess stress hormones – primarily *cortisol*, which are often associated with a dysfunctional metabolism, poor health, obesity, interfere with a deep restorative sleep and trigger fat storage
- Help support a healthy sleep cycle conducive to optimal human growth hormone (HGH) release
- Help repair, renew and reactivate muscle cells to optimise metabolic function
- Help boost levels of the feel-good brain chemical, *serotonin*, which is necessary for effective relaxation, deep sleep, craving control and fat loss



Sleep researchers at Cornell University found that at least half of the US population is chronically sleep-deprived and at least 56% of the US population complains of day-time drowsiness. Research presented in the January 2005 edition of the Archives of Internal Medicine, shows that insufficient sleep decreases metabolism, leading to overweight and obesity.

How do you use it?

The MetaboWize PM Formula is best taken approximately half an hour before bedtime (with a full glass of X₂O water). Take 1-2 capsules.

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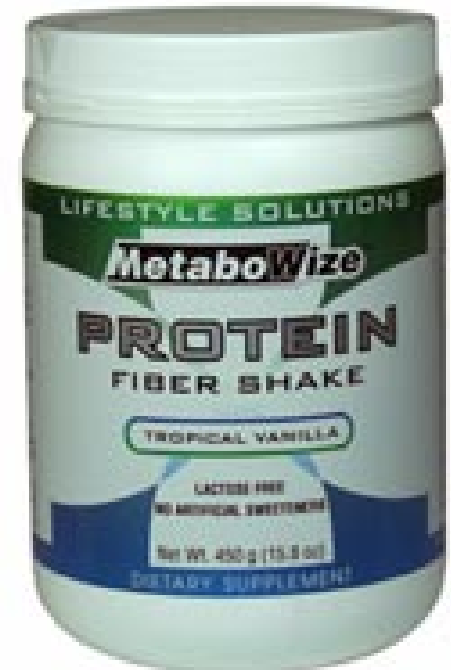
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MetaboWize Protein Fiber Shake

What is it and what does it do?

The MetaboWize Protein Fiber Shake is a proprietary naturally flavoured whey protein/fibre formula designed to:

- Deliver key amino acids necessary for continual fat loss, energy production, uplifting mood, feelings of fullness and enhanced sleep
- Help control the absorption of dietary sugars, thereby optimising insulin function and limiting fat storage
- Help insulin sensitivity in order to better regulate blood sugar levels
- Help control the satiety response between meals in order to help you feel full longer
- Help optimise glucagon production in order to allow more body fat to be burned as fuel
- Help repair, renew and reactivate muscle cells to optimise metabolic function
- Help cleanse the system and re-populate healthy gastrointestinal bacterial colonies (that aid in digestion, absorption & elimination)



How do you use it?

The MetaboWize Shake can be consumed either as a stand-alone protein/fiber shake (mixed with X₂O water – juice, or a healthy liquid of your choice) or blended with fresh or frozen fruit (preferably berries) and an essential fatty acid like flaxseed oil (preferably organic)

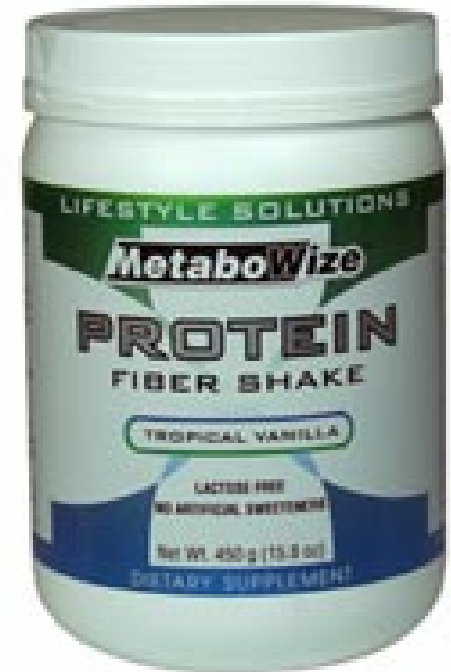
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MetaboWize Protein Fiber Shake

The **MetaboWize Protein Fiber Shake** is a one-of-a-kind complex derived from a unique blend of (hormone-free and anti-biotic-free) low lactose/low casein cold processed and microfiltered whey protein isolates and concentrates along with functional fibers to further curb appetite and cravings, while the other fibers work as a food source for healthy bacteria – required to maintain optimum digestion, absorption of nutrients and elimination.

This one-two punch (whey protein and functional fibers) and the unsurpassed quality of all ingredients within this proprietary formula is what truly sets the MetaboWize shake apart from the multitude of “Protein Shakes” on the market today.



Delicious tasting shake.

- ✓ Perfect protein source for body builders, sportspeople and elite athletes
- ✓ Kids love it! Great way for the kids to get the correct ratios of protein, fiber & amino acids
- ✓ Perfect for the busy person on-the-go as a snack or meal replacement. Can be mixed beforehand
- ✓ Convenient for holidays and traveling – take anywhere
- ✓ Saves money. The healthy alternative to snacks and fast foods and costs less!

Healthy never tasted so good!

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Cleanse the entire digestive system

An important part of any fat loss program is to assist the body to eliminate waste & cleanse the system.

Nature's Body Cleanse

Toxin accumulation caused by slow bowel transit time can lead to a reduction in overall health and well-being. Nature's Body Cleanse increases the consumption of dietary fibre, which helps decrease bowel transit time by gently cleansing the intestinal tract. Nature's Body Cleanse enhances bowel ecology, regularity and promotes optimal nutrient absorption.



Enzymes are the catalyst and energy source for all life. People who have a tendency not to chew their food correctly may have digestive problems. Also, as we age we start to lose the ability to break down our foods through the digestive process.

Assimilator

Assimilator is a potent combination of natural plant enzymes in a proprietary formulation with essential ionic trace minerals. This formula helps digest processed and cooked foods. It is designed to promote the healthy oxygen-carrying ability of red blood cells enabling better nutrient utilization, energy production, optimal cellular health & immune system competence. Assimilator promotes cellular health, enhancing the removal of unwanted waste & debris from the cellular environment, a characteristic in people with less than optimal health.

Nature's Body Cleanse & Assimilator are the perfect solution to cleanse the entire digestive system.



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Eliminating waste & impurities

"Of all the polite topics of conversation, the state of one's intestines is probably at the bottom of most people's lists. Let's face it: Irritable bowel syndrome, constipation, gas, diverticulitis and colon cancer are simply not things we like to discuss. And yet, as the old expression goes, death begins in the colon. Ask any coroner. Autopsies often reveal colons that are plugged up to 80 percent with waste material." - Vegetarian Times, March, 1998

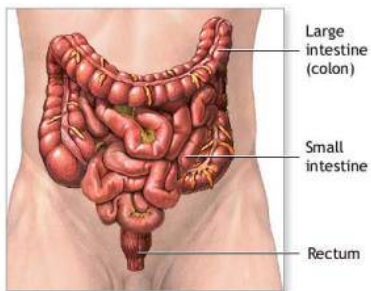


It is said that John Wayne's body contained forty pounds of faeces, Elvis Presley's body sixty pounds! The rest of us probably at least ten pounds. If you are not producing well-formed stools after each meal, you are most likely a walking vessel of faecal toxicity. **Death...or life...begins in the colon.**



What are the results of harbouring your unwanted waste?

Constipation	Weight gain	Headaches	Stomach pain	Skin problems, Acne, Blemishes
Cancer	Hair problems	Diverticulitis	Chronic fatigue	Severe gas and bloating
Joint Pain	Acid reflux	Parasites	Irritable Bowel Syndrome	Ailments resulting in death



"This is not a problem for me, I go regularly everyday."
Sound familiar? You could be dead wrong!

The National College of Chiropractic in Chicago performed autopsies on 300 bodies. According to the records, 285 of them claimed they were not constipated and had normal bowel movements. **WRONG! 95% of the bodies examined were constipated.** Some had colons up to 12 inches in diameter filled with toxic crust and toxic material! (A normal colon is just 2-3 inches in diameter.)



Eliminated, impacted matter resulting from a colon cleanse.

Consider everything you have ever eaten over the last few years. How about your entire life?
Where did it all go? Some of all that food may still be caked on your colon's inner wall...

Fertilizer for colon cancer.

Have you heard of X₂O?

Essential Fuel for Your Body – Feel better, look better, live longer.

X₂O is a 100% natural organic mineral complex containing electrolytes – Calcium, Magnesium, & 70+ organic trace minerals in an ionic form that your body recognises & absorbs. It has NO *sugar*, artificial colourings, sweeteners, preservatives, calories, carbohydrates, caffeine or glycemic Value (GI) & it won't raise blood sugar levels or trigger fat storage.

Don't just count calories – Drink plenty of water (H₂O)

Most weight loss programs suggest you drink plenty of water (H₂O) to flush out toxins and acidic waste from your body in addition to diet and exercise

Once you understand how X₂O works, you will never want to drink water without X₂O in it!
Add X₂O to whatever water you are drinking to hydrate mineralise and alkalisise your body.

- ✓ **Hydrates** - the ultimate way to hydrate the body
- ✓ **Mineralizes** - in ionic form at the cellular level
- ✓ **Alkalizes** - balances your body's pH for optimum health
- ✓ **Rejuvenates** - your body and skin - anti-aging
- ✓ **Revitalizes** - your energy levels
- ✓ **Oxygenates** - your body's cells
- ✓ **Cleanses** - removes toxins from the body
- ✓ **Enhances** - your body's ability to assimilate and absorb nutritional/dietary supplements



Combining X₂O with the MetaboWize program has a synergistic effect.....

MetaboWize™ + X₂O = a leaner, healthier you!

Disclaimer: X₂O is a water purification product and is not intended to treat, heal, cure, diagnose or prevent any health related condition or disease. No health claims expressed or implied are made for X₂O or the water it produces. Metabowize is a system designed to assist fat loss when used in conjunction with a well balanced diet and a suitable exercise program. Please consult a health care professional if you are experiencing any health condition, undergoing any treatment or taking any medication.

Acid/Alkaline imbalance

Mariana Bozesan PH.D.(c), MS, BS, BA – Expert advice on Weight Loss and Wellbeing... *“Over-acidification of body fluid and tissues signal a state of imbalance, opening the door to sickness and disease, as well as extra body fat.”*

The human body is very smart!

It realises that acid may be the killer and we cannot have it close to our vital organs, so in order to protect our organs, the body may create fat cells to store the acid.

The more acidic our bodies get the wider and heavier they can become. This is a survival mechanism when our bodies are acidic. This is also a reason why the body doesn't want to let go of the fat.

Acid in our bodies may:

➤ Eat away at the organs	➤ Reduce the oxygen	➤ Deplete calcium from our teeth & bones
➤ Cause cells to mutate	➤ Cause plaque in the arteries	➤ And so on.....

Remove the acid from our bodies and these fat cells may leave and not come back! Some Diseases linked to excess body fat are:

- | | |
|--|--|
| <ul style="list-style-type: none"> ➤ Insulin resistance ➤ High blood pressure ➤ Atherosclerosis ➤ Cardiovascular disease ➤ Stroke ➤ Particular cancers such as breast, endometrial and colon ➤ Type 2 diabetes (non-insulin dependent diabetes mellitus) ➤ Dyslipidemia (high total cholesterol or high levels of triglyceride) ➤ Musculoskeletal problems such as osteoarthritis and back pain | <ul style="list-style-type: none"> ➤ Gall bladder disease ➤ Polycystic ovarian syndrome ➤ Gout ➤ Cataracts ➤ Stress incontinence ➤ Sleep apnoea ➤ Respiratory problems ➤ Hypertension ➤ & more... |
|--|--|

5-day Rapid Results Program

Loose between 2-6 kilos (5-15 lbs) in the first 5 days!



Product	Directions
MetaboWize AM	1 capsule in the morning on an empty stomach before exercise and 1 capsule early afternoon, if needed.
MetaboWize PM	1-2 capsules approx. half an hour before bedtime.
MetaboWize Shake	Should be consumed four times a day in place of your 4 or 5 solid meals.
Assimilator	1 capsule with your one solid meal a day.
Nature's Body Cleanse	1-2 caplets approx one hour after the last meal of the day.
X₂O water	It is important to drink 3-4 bottles of X ₂ O water per day.

Meal 1	MetaboWize shake (1 serving) Berry blend (1 cup fresh or ½ cup frozen) Flaxseed oil (1tbs)
Meal 2	MetaboWize shake (1 serving) Nuts or seeds (1 serving)
Meal 3	MetaboWize shake (1 serving) Yogurt, plain (¼ cup) Nuts or seeds (1 serving)
Meal 4	MetaboWize shake (1 serving)
Meal 5	Mixed green salad Mixed greens or spinach (2 cups) Vegetable (choose from food list – 1-2 cups) Protein (choose from food list – 1 serving)

Stephen. *"I have never found a program so simple to follow. I have plenty of energy, never feel hungry and in my first 5 days, lost 6 kilos (13 lbs). I just love combining the X₂O water, Tropical Xplosion Blast and the protein shake. What a great way to start the day!"*

Carolyn. *"I was not very overweight to begin with, so I am thrilled with my results. In the first 5 days I lost 3+ kilos (7 lbs). In 30 days I lost 7+ kilos (14 lbs) and a total of 43 cm (17 in.) It is so simple to follow. If I am going out, I make up a shake before I go and take it with me. What's more, I find I'm even saving money because I don't have those terrible cravings for food that can be so costly!"*

MetaboWize Fast Start Packs

These packs qualify you for Fast Start & 4-Step Uni-level bonuses

MetaboWize Complete Fast Start Pack
(One-time Purchase)
Item #4603 (TVan Shake) Item #4604 (Choc Shake)
Item #4605 (TVan & Choc Shake)

US\$399.99 + delivery
Retail value US\$594.65. Save US\$194.66

Has enough product for 30 days, including the 5-day "Rapid Results" program.

5 Xooma Bottles

120 X₂O sachets

6 CDs
5 "Foundation of Youth" & 1 MetaboWize Solution

Product Website

X₂OBuilder online system

Monthly Audio Program (MAP) Volume #1 FREE

MetaboWize Am & PM Formula 60 servings Protein Shake

1 X₂O Blast Limonade pack

"Xtreme Health" & "24 hr Fat Burning Machine" Books by Brad King

Nature's Body Cleanse

Assimilator

& more!

MetaboWize Fast Start Pack
(One-time Purchase)
Item #4601 (Tropical Vanilla Shake)
Item # 4606 (Chocolate Shake)

US\$299 + delivery
Retail value US\$440.70. Save US\$140.71

5 Xooma Bottles

120 X₂O sachets

6 CDs
5 "Foundation of Youth" & 1 MetaboWize Solution

Product Website

X₂OBuilder online system

Monthly Audio Program (MAP) #1

MetaboWize Am & PM Formula 30 servings Protein Shake

"Xtreme Health" & "24 hr Fat Burning Machine" Books by Brad King

& more!

FREE with these MetaboWize Packages:

X₂OBuilder & X₂OProducts websites online business system (First month Free), Monthly Audio Program (M.A.P. First Volume Free) Brochure, educational audio CD with Brad King, progress chart, body measurement tape, diet & exercise guidelines booklet, which includes menu planner & 5-day rapid results program to kick-start your metabolism.

How to order

Become a distributor – there is no obligation to sell any product, build a business or tell anyone unless you choose to do so.

Distributor Benefits:

- Free to set up your account
- You save with wholesale prices & special discounts
- Free gifts with special packs
- Direct delivery to your home, business or PO Box
- Free personalised website with:
 - Re-order facility – design your own monthly order to suit
 - Purchase facility for family and friends
 - Opportunity to receive loyal customer bonuses
 - Potential to earn additional income if desired



We have found that once people start using the MetaboWize system, they do not want to run out of product. For your convenience, the company will set up a monthly order to ensure you have an ongoing supply shipped to you. (You may modify or cancel your order at any time.)

Free products!

People using MetaboWize find friends and colleagues start to notice their results and want to know what they are doing differently as they are looking so good. In fact, we have a lot of people now getting their products for free every month, simply by using MetaboWize and sharing their personal story with others.

Save money!

When people use X₂O and the MetaboWize system, cravings tend to disappear. It is amazing how much money one can save when that happens! Do you buy chocolates, sweets, biscuits, cakes, snacks, fast food, soft drinks, sports drinks, juices, etc.? Yes? Add up the cost and think of the savings you could make!

A simple way to pay for MetaboWize

How many people do you know who would like to improve their body shape?

Every time you share the MetaboWize System with someone who purchases a Fast Start Pack, you will receive US\$75. The more people you know who are interested in losing inches of body fat and improving their body shape, who purchase a Fast Start pack, the more times you can receive an extra US\$75.

- When you introduce someone who purchases a Fast Start Pack, **you receive US\$75 Fast Start Bonus**
- When they do the same, they receive US\$75 and **you receive US\$25 Fast Start Bonus**

For each pack sold, you can also qualify for Uni-level bonus and commissions every month.

Step 1:

Simple way to cover the cost of the Complete Fast Start Pack. Share MetaboWize with 4 people who purchase the same pack.

Step	Number of Active Co-op members	Uni-level Bonus	Sponsor Tree Commission	Fast Start Bonus	Total
1	4	US\$80	US\$30	US\$300	US\$410
2	16	US\$320	US\$150	US\$400	US\$870

You now receive US\$300 *Fast Start* bonus + commissions & other bonuses = US\$410.

Step 2:

Then help your 4 people share MetaboWize with 4 people each who purchase the same pack, so they too can cover the cost of their MetaboWize Pack.

You receive US\$400 *Fast Start* bonus plus commissions & other bonuses = US\$870

Once you have achieved Step 2, you can receive commissions and Uni-level bonus of US\$470 every month.

**MetaboWize Complete Fast Start - the smart way
to have the body you've always wanted...
for *FREE!***

What's your next step?

Choose the pack that suits your needs

- MetaboWize Fast Start Pack US\$299.99 + delivery
- MetaboWize Complete Fast Start Pack US\$399 + delivery

Contact the person who shared this presentation with you

Order your pack now, receive free bonus gifts with your MetaboWize Pack and in no time you can have the body you have always wanted!



a leaner, healthier you!

Interested in Xooma as a part or full-time business? Please ask for more information.

